

www.sdmf.org.au

Sir David Martin Foundation

Since 1990

Annual Report 2017/18

*Safety, Hope & Opportunity
For All Young Australians*



Sir David Martin Foundation
Helping young people in crisis

Message From Our Chairman



Mike Crowley

28 years have passed since our Foundation was established, and each year - with your help, we strive to keep Sir David Martin's vision alive. A community where children *"can grow in safety, and with hope and opportunity."* Our commitment to the Triple Care Farm program has never been stronger and our funding has grown with the establishment of the withdrawal program – David Martin Place.

Triple Care Farm's (TCF's) 2016 intake presented some new and challenging treatment obstacles for the rehab service.

Rates of methamphetamines (Ice) as a primary drug of concern continued to rise in 2016. Methamphetamine use has significant long-term effects including: anxiety, violent behaviour, paranoia and hallucinations according to the National Institute on Drug Abuse (NIDA). Accordingly, treatment often required a focus on teaching young people to trust, to control their aggressive impulses and to understand their sometimes frightening hallucinations.

Rates of young people reporting a co-existing mental health disorder has also increased considerably - particularly in the last four years. Mental health presentations can pose further barriers to recovery for young people and TCF has responded with treatment modifications and appropriate training initiatives. Finding stable housing is a constant struggle for young people leaving rehab. On intake, 24% of young people were homeless or in unstable accommodation and 46% had reported a history of homelessness. On placement 83% of young people had found stable accommodation immediately after leaving the program.

In 2016, 57 young people entered the Aftercare Program following TCF. Aftercare involves up to six months of ongoing access to, and support from a TCF caseworker, via face to face and/or telephone appointments. The Foundation has had a busy year. Board changes included Paddy Carney and Shane Little stepping down and the planned recruitment of new Board members to add to the depth and experience of the overall SDMF Board. I want to thank you all for giving your time and energy for the benefit of young Australians as they strive to regain their positions in society.

After five years at the helm, General Manager Alex Green stepped away to accept a new challenge. Alex leaves SDMF with our best wishes. The last 5 years was a period of very strong growth for SDMF. Our balance sheet and corpus funds increased to nearly \$14.2m. Through Mission Australia, Government funding was gained to partly fund the building of David Martin Place, which began successfully operating in June 2017. Alex leaves us as a friend and an ambassador and we unite in wishing him a successful and rewarding career.

I'd like to thank the SDMF fundraising team, my fellow Governors, our partners at Mission Australia and most importantly, you - our phenomenally generous donors who each year give to help change the lives of young people that you may never meet, but who need your support. My congratulations and best wishes to those young people who commit to change for the better.

A handwritten signature in blue ink that reads "Michael Crowley". The signature is fluid and cursive.

History



Sir David Martin Foundation is a non-profit organisation created in 1990 by the late Governor of NSW, Sir David Martin, who had a dream of **"safety, hope and opportunity for all young Australians"**.

Our Goal is to fund effective programs that help young people in crisis regain their health, get off the streets and achieve their goals.

Our Vision is to create an environment where young people can grow in safety, with hope and opportunity.

Programs Funded

1. Triple Care Farm

An award-winning residential rehabilitation facility in Robertson, NSW, that provides 16-24 year olds with treatment and support for drug and alcohol addiction and mental illness.

2. Triple Care Farm Withdrawal Program

A youth withdrawal program that helps young people aged 16-24 to detox from drugs and alcohol. It is the first detox facility of its kind in New South Wales and has been helping young people since its launch at Triple Care Farm in June 2017. The building was given the name David Martin Place, after Sir David Martin.

3. Sir David Martin Foundation Scholarship Program

Each year, Sir David Martin Foundation provides scholarships to selected students, nominated by program staff, to help them achieve their goals as they re-enter the community.



Impact

Your support gave young people the opportunity to rise above their issues and change their lives for good.

Triple Care Farm Rehabilitation Program

Presenting issues for young people at intake:

100% were engaged in chronic substance use

84% were unemployed

62% had attempted suicide

31% were homeless

68% were involved in criminal behaviour

Post treatment:

92% were in stable housing

0 suicide attempts

51% applied for employment

Only **1** young person had a new contact with the criminal justice system

Only **14%** reported a return to using substances at a 'chronic' level. This significantly exceeds the National Institute on Drug Abuse (NIDA)'s findings that the average rate of success post alcohol and drug treatment is 40% -60%

Triple Care Farm Withdrawal Program

Presenting issues for young people at intake:

100% were engaged in chronic substance use

86% suicidal ideation

61% had a history of hospital admissions

81% disengaged with employment and education

32% were homeless

Post treatment:

100% stable housing

23% with chronic substance abuse

9% suicidal ideation

9% were admitted to hospital

55% in employment and education



“

Thank you for showing me that people do care. I don't think I would be here today if it wasn't for the support I received.

”



Students Graduate at Triple Care Farm

Each year a graduation ceremony is held for young people to celebrate their achievements with family and friends.

A Triple Care Farm graduate's mother took to the stand and shared heartfelt words about her daughter, Harriet's* journey to the farm.

"Six months ago we never thought we would see this day. You gave me my daughter back and for that I'll be eternally grateful."



Abseil for Youth 2017

October 2017

Sir David Martin Foundation's largest annual event, Abseil for Youth, saw over 280 participants take part. The event raised about \$320k for youth in crisis.



145Classic: Ride for Youth 2018

April 2018

2018 was the fourth 145Classic, raising critical funds for young people in crisis. The 2018 event had 52 riders take part who collectively raised over \$55k for the foundation.



Clair* Finds a Life Without Alcohol Abuse

Clair is a young Aboriginal lady aged 21 years old who came to the Triple Care Farm detox unit with chronic alcohol use disorder and mental health issues.

Domestic violence has been in her family ever since she can remember. ***"Everyone in my family drinks."*** This is what drove her to homelessness.

Eventually, Clair was able to successfully detox and chose to move into rehabilitation at Triple Care Farm. Clair did not stay at the farm due to her mental health concerns, specifically her anxiety and agoraphobia with new people.

Staff supported her in the aftercare program, allowing her to attend counseling in the community. She has now been accepted into a University degree – something she never thought she would be able to do due to her alcohol addiction.

Governance

Sir David Martin Foundation is a Charitable Trust run by a small team of staff and overseen by a Board of Governors. The Trustee for Sir David Martin Foundation is Mission Australia.
Sir David Martin Foundation: ABN 37506673286

Patron

His Excellency General The Honourable David Hurley AC DSC (Ret'd)

Governor of New South Wales

Vice Patron

The Hon Gladys Berejiklian MP

Premier of New South Wales

Board of Governors

Lady Martin OAM (*member since 1990*)

Mr David Adams (*member since 2007*)

Rear Admiral Chris Oxenbould AO RAN (Rtd) (*member since 2010*)

Mr Michael Crowley (*member since 2011, Chairman from August 2014*)

Ms Paddy Carney (*member 2012 – Nov 2017*)

Mr Shane Little (*member 2012 – Nov 2017*)

Mr Andrew Sharpe (*member since 2013*)

Captain Will Martin, RAN (Rtd) (*member since 2015*)

Ms Yvonne Korn (*member since 2015*)

Mr Shah Rusiti (*member since 2015*)

Mr Rob Woods (*member since 2015*)

Ms Danika Houghton (*member since 2018*)

Mr Jason Millett (*member since 2018*)

Ms Jessica Parker (*member since 2018*)



From Drug Abuse to DJ and Entrepreneur

Nick* came to Triple Care Farm with a heavy addiction to MDMA (Ecstasy). His parents had a messy divorce and he found himself having to **“grow up far too quickly.”**

One thing led to the next and Nick eventually started developing suicidal thoughts. **“I felt stuck and all alone.”**

Triple Care Farm taught him how to speak about his feelings and he began to come to terms with his past. The music program at the farm inspired him to become a DJ. Nick is now pursuing his skills as a DJ and uses it as his ‘release’ instead of drugs.

On departure, Nick left a hidden note saying **“thanks to everyone at TCF - you saved my life!”**

\$ Financials

Total Incoming Resources

	2018		2017	
Fundraising appeals	\$453,463	10%	\$542,290	10%
Fundraising events	\$385,831	9%	\$407,135	7%
Philanthropic & corporate grants	\$1,374,300	31%	\$3,084,779	55%
Bequest and legacy income	\$1,377,795	32%	\$864,065	16%
Community & other fundraising	\$194,849	4%	\$225,192	4%
Net finance income	\$582,450	13%	\$442,641	8%
Total	\$4,368,688	100%	\$5,566,102	100%

Total Outgoing Resources

Program funding (total)	\$3,479,609	80%	\$3,878,747	70%
Provision for future program funding	-\$123,385	-3%	\$603,421	11%
Expenses related to fundraising & admin	\$1,012,464	23%	\$1,083,934	19%
Total	\$4,368,688	100%	\$5,566,102	100%

Balance Sheet

Cash and cash equivalents	\$732,605	\$622,886
Trade and other receivables*	\$1,223,340	\$2,017,322
Investments	\$5,423,617	\$5,000,000
Other assets	\$0	\$1,318
Total current assets	\$7,379,562	\$7,641,526
Trade and other receivables**	\$7,311,257	\$7,180,493
Total non current assets	\$7,311,257	\$7,180,493
Total assets	\$14,690,819	\$14,822,019

Liabilities

Trade and other payables	\$9,307	\$11,952
Employee benefits	\$20,328	\$24,100
Total current liabilities	\$29,635	\$36,052
Employee benefits	\$8,453	\$9,851
Total non current assets	\$8,453	\$9,851
Total liabilities	\$38,088	\$45,906
Net assets	\$14,652,731	\$14,776,113

Equity

Settled sum	\$10	\$10
Accumulated surplus	\$14,652,721	\$14,776,106
Total equity	\$14,652,731	\$14,776,116

Expenses related to fundraising & admin

2018

Personnel costs
\$452,065 | 45%

Marketing & event
expenses
\$388,033 | 38%

Other
\$172,366 | 17%

Total
\$1,012,464 | 100%

2017

Personnel costs
\$528,298 | 49%

Marketing & event
expenses
\$401,633 | 37%

Other
\$154,003 | 14%

Total
\$1,083,934 | 100%

*At call working capital account with Trustee **Interest in a life bequest and loan account with Trustee

♥ Thank you.



“ Caitlyn

Every day I was aching and suicidal...that's why I turned to drugs. I've learnt that it's okay to not be okay and to ask for help. My goals are to study and to become a support worker when I get out.

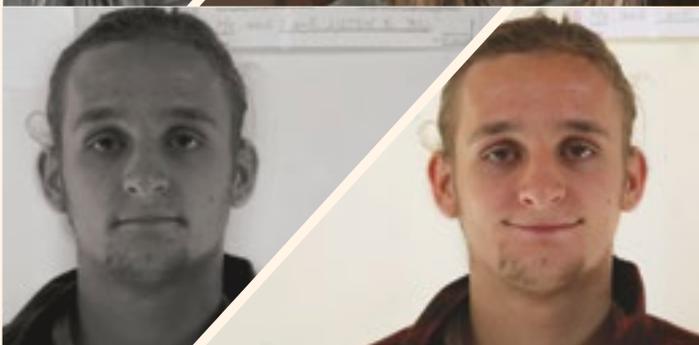
”



“ Olivia

Every place I'd go to would say – we don't think you'd fit here, it's all ages. We don't want to expose you to that sort of stuff. But then I found Triple Care Farm which is for youth... now I've learnt how to be happy, sober.

”



“ Jayden

I was really struggling and I didn't want to do this type of life anymore. A family intervention led me to Triple Care Farm. Thank you. I'm going to be spending my life trying to repay you through an optimistic and happy Jay.

”



“ Jade

My goal is to stay on this path because it's a good path.

”

**Young people's names changed to protect their identity*



Sir David Martin Foundation
Helping young people in crisis