



SIR
DAVID MARTIN
FOUNDATION
helping young people in crisis

Impact



Celebrating 30 years

We start the year celebrating Sir David Martin Foundation's 30-year anniversary. What an opportunity to reflect on the impact the Foundation has had, and to look to the future as we work on helping more young Australians in crisis.

Shortly after Sir David Martin's death in August 1990, the Foundation was officially launched by HRH, The

Duchess of York, at Parliament House in Sydney in November 1990. Since then, Lady Martin and the Martin family have continued to keep Sir David Martin's vision of safety, hope and opportunity for all young Australians alive.

Pivotal to the young people who have been helped through the Foundation, are generous supporters like you. Whether you've been with us since the



"It is my honour to be the Patron of Sir David Martin Foundation, and wish the Foundation all the best in continuing Sir David's vision and helping our young Australians to have hope for a brighter future."

Her Excellency the Honourable Margaret Beazley AO QC Governor of New South Wales



Celebrating 30 years continued...

The Martin Family.

beginning, or have joined down the road, your commitment has achieved so much for our community.

We started out with a clear vision to help young people in crisis through a partnership with Mission Australia (known then as Sydney City Mission). Because of your support, we are now the major philanthropic partner of Mission Australia, having raised over \$65 million since 1990. This partnership has enabled a best practice model of treatment for young people with drug and alcohol addiction.

Over the years, youth in crisis have been supported through several life-changing programs. More recently, your support has focused on a vulnerable cohort of young people with drug and alcohol addiction.

Rehabilitation was the initial focus. In more recent times we drew attention to the need for the first youth withdrawal centre of its kind and David Martin Place

opened at Triple Care Farm in 2017.

It was a big step in addressing an unmet need in our community and continues to support young people back to health. In 2019, Triple Care Farm's Aftercare Program expanded to help even more young people continue to turn their lives around, after rehabilitation.

Your support is lifesaving.

In the words of a past Triple Care Farm student, *"Looking back, the three months I spent there saved my life. Apart from doing work and study, I met people who really cared about me."*

There is so much to celebrate, and we thank you for your continued support, giving hope to young Australians now and for generations to come.



Graduation – postponed due to fire risk

Save the date

Save the date for Friday the 14th of February 2020.

Please email Anna at a.beaumont@martinfoundation.org.au if you would like to attend and celebrate with us.

Unfortunately, we had to cancel the 2019 Triple Care Farm Graduation to ensure the safety and wellbeing of everyone.

There was a severe fire warning and temperatures in Robertson were in the high 30s. In consultation with the Rural Fire Service, given the size of the event, the isolated location of the property

and its vicinity to bushland, the risk was too high.

The safety and wellbeing of our young people, their families, staff, supporters and guests was most important.

Although disappointed, we have been able to reschedule Graduation to take place in a new location in February.

Annual report highlights

Our 2018 – 2019 Annual Report is now online. Thanks to all our wonderful supporters whose generosity ensures our work continues.

Zero

suicide attempts six months after completing the program

92%

of young people engaged in education and employment



Participants in 2018:

118 students
in Withdrawal
(over half moved into Residential Rehabilitation)

86 students
in Residential Rehabilitation

209 students
in Aftercare
(includes 105 who completed programs in 2017)

Abseil for Youth – a great outcome!



Thank you to everyone who contributed to our Abseil for Youth event last October. In celebration of its 10th year, we introduced a new vertical zipline element where brave people could zipline 135 metres down Investa's skyscraper building.

Amongst enthusiastic participants was our new Ambassador, Steve Willis (aka The Commando), who tackled both the

abseil and zipline challenge and raised valuable awareness about our cause.

Importantly, we exceeded our \$300k fundraising target, which will go a long way towards helping young people in crisis to turn their lives around.

Big thanks again to every participant, donor and volunteer as well as our partners at Investa who helped make it a great success.



From our GM

After three decades of commitment to helping young people, 2020 is a year of both celebration and looking to the future for Sir David Martin Foundation.

We know that philanthropy has helped create a best practice model of care for young people in crisis. But we recognise there is a lot we don't know. Therefore, we commissioned a research project to find out what other best practice models of treatment work for young people with drug and alcohol addiction and we will launch the results of this research during Youth Week on 2nd April. Later in the year we will share with you what we and our major partner, Mission Australia, plan to do with these learnings.

I look forward to sharing lots more with you in this exciting year.

Helen Connealy
General Manager



Thank you

Our long-standing Board member, Rear Admiral Chris Oxenbould AO RAN (Rtd) and Danika Houghton stepped down from our Board late last year.



The Board and staff are so grateful for their generous contribution.



Donate today...

by filling in attached coupon, or at martinfoundation.org.au

Tegan's story

Tegan graduated from Triple Care Farm about 15 years ago and recently took part in our annual fundraising event, Abseil for Youth. Although she is completely terrified of heights, she wanted to complete the abseil to show her support and thanks for the care she received as a teenager.



Hey, I'm Tegan and I was a student at Triple Care Farm in 2004.

I came from what you would call a "normal" upbringing. Ended up going to the farm as I had nothing to lose – it was either stay on the drugs and pay the harsh consequences or go to Triple Care Farm.

I was the only girl there for six weeks and was the only one with farm experience out of all the students there. Beyond being bitten by the

resident donkey, I experienced moments that I never thought would happen, like getting my first high distinction in a course, ever.

It was also the first time I was doing life without being 'messed up'. It wasn't an easy road and challenging at times, but it changed my life forever.

It has been about 15 years since I first took the step to get help. Since graduating from the farm, I have been to the Philippines, South Africa and Mexico, volunteering in orphanages. I have worked with Richard Branson, made a short documentary with Foxtel and worked in childcare and Oosh. Of course, the biggest moment of my life was having my daughter, Sienna.

I'm going to sound clichéd, but I wouldn't change it.

In the future, I hope to do more overseas work but now, my focus is on being the best mum I can be to Sienna.

Tegan



Autumn lunch at the Farm

Join us for a country style lunch and open day at Triple Care Farm.

We welcome new and old friends.

When?

March 26th 2020

Where?

Triple Care Farm:

188 Knights Hill Rd, Knights Hill NSW 2577

RSVP:

to Anna at

a.beaumont@martinfoundation.org.au

by March 12th



'Understanding Youth Addiction' PANEL EVENT

Save the date for our special event, to learn from experts on best practice treatment for young people with drug and alcohol addiction.

When?

Thursday, April 2nd 2020, 6pm

Where?

Sydney venue (to be confirmed)

Contact: c.isted@martinfoundation.org.au



Leave a lasting gift

Bequests are for people who want to make a positive difference to their community.

People leave gifts of all sizes. You don't have to be wealthy to leave a gift in your Will as every dollar has the power to save young lives.

Would you like to find out more?
Please let Anna know at:

a.beaumont@martinfoundation.org.au
or (02) 9219 2079

Thank you.